



WE BELIEVE

- Older adults are respected members of society who deserve to be treated fairly in all aspects of life and community.
- Social connections are critically important to empower older people and reduce risk factors associated with elder abuse.
- Together, we can create inclusive communities that reduce the social and economic cost of elder abuse.
- Through education and dialogue, we can make significant strides in preventing elder abuse and creating communities that value equality and self-worth.

NEED HELP NOW?

Seniors Safety Line: **1-866-299-1011**

Concerned about an older adult who is at immediate risk of harm? **Call 911**

NON-EMERGENCY

Waterloo Regional Police: 519-570-9777

Guelph Police Service: 519-824-1212

OPP—Center Wellington: 1-888-310-1122

To find other services available in your community, call 211



CONNECT WITH US

Contact the EAPC today to set up an educational presentation.

Working together we will create safer and better communities.

info@eapc.ca

www.eapc.ca



PREVENTING ELDER ABUSE

THROUGH AWARENESS AND EDUCATION





OUR VISION

A community where older adults age with dignity, honour and respect.

WHO WE ARE

The Elder Abuse Prevention Council is a diverse group of volunteers who are committed to reducing and preventing elder abuse.

WHAT WE DO

The EAPC promotes awareness by providing information and education to the community.

WHAT IS ELDER ABUSE?

The mistreatment of an elderly person by someone they should be able to trust or rely upon. It can happen to anyone and tends to occur most often to those who are socially isolated and dependent.

EDUCATION MATTERS

- Raises awareness of elder abuse and risk factors.
- Empowers seniors to prevent and get out of abusive situations.
- An educated community is able to recognize signs of abuse, respond and refer seniors for help.

PREVENTION

Social support, community connections and awareness of available services and resources are our best defense against elder abuse.

WHAT YOU CAN DO

- Establish rapport and trust with the seniors in your life. Maintain regular connection.
- Know the signs of elder abuse.
- Feel free to ask “is everything okay?” Initiate tough conversations.
- Inform seniors of their rights.
- Promote secure financial practices. Put safeguards in place.
- Ask for help.